

# Get your free vaccination for Swine flu now

*To protect yourself and your community*

A **FREE** vaccine to protect against the H1N1 Influenza 09 (Swine flu) is still available. Swine flu continues to pose a threat to the population, but you can protect yourself and the community and help stop the spread of Swine flu to others by being vaccinated now.

## What is Swine flu?

Swine flu is a highly contagious respiratory disease caused by a new strain of influenza virus. Cases of Swine flu have been confirmed in countries throughout the world including Australia.

## Who should have the Swine flu vaccine?

Adults and children older than 6 months are encouraged to be vaccinated. Some people are more likely to become seriously ill from Swine flu. Even if you are fit and well, you are at risk of serious illness or infecting vulnerable people. The vaccine is especially important for:

- People with chronic health conditions (including heart and lung disease, asthma, cancer, obesity, diabetes, kidney and neurological diseases and inherited blood diseases)
- Pregnant women at any stage of pregnancy
- Parents and guardians of young infants
- Children in special schools
- Indigenous Australians
- Health care and community care workers.

## Is the vaccine safe?

Yes, the Swine Flu (Panvax® H1N1) vaccine is safe and has been approved by the Therapeutic Goods Administration (TGA).

## Where can I get the vaccine?

The vaccine is FREE\* and available at your doctor or local health service.

## Need further information?

For further information visit <http://humanswineflu.health.vic.gov.au>.

For vaccine enquiries call the Immunisation Program on 1300 882 008.

*“Vaccination is the best way to protect yourself and others from getting the Swine flu, and is especially important for people at high risk of serious flu complications.”*

(Sir Gustav Nossal, internationally renowned immunologist and research biologist)



\* Note: Doctors may charge a consultation fee.